

TRC Workplace Social Skills Training Boot Camp for Autism Spectrum Disorder (ASD)



Target Population: High school students who are on the Autism Spectrum, preferably Juniors or Seniors. All students would be day students.

Time Frame and Location: One half day a week for six weeks. Daily sessions will begin at 9:00 am and end at 12:00 pm. Classes will be held at the Tennessee Rehabilitation Center in Smyrna.

MAJOR EMPHASIS: The goal of the social training group is to help the individual maintain his or her uniqueness while learning the communication skills needed to navigate the workplace. Students will work on a variety of the objectives below individually and as a group:

- Build self-awareness – create safe atmosphere
- Teach targeted social skills – Practice, practice, practice!
- Disclosure/Prepping Employers
- Increase the student's self-awareness of what it means to have ASD
- Help empower the student to capitalize on his/her strengths
- Help the student learn to advocate for him/herself
- Job Exploration
- Work Based Learning
- Counseling on Post-Secondary Education
- Work Readiness

For additional information:

Janet L. Morris, Clinical Services Administrator

Phone: (615) 223-2716 **Email:** janet.l.morris@tn.gov

Anna Pekarski, Vocational Services Administrator

Phone: (615) 223-8071 **Email:** anna.pekarski@tn.gov

Tennessee Rehabilitation Center

460 9th Avenue, Smyrna, TN 37167